World Central Kitchen

HOW TO WEAR A MASK

In light of the COVID-19 outbreaks, World Central Kitchen is taking extra precautions to protect its employees and community. WCK recommends all personnel wear a mask when out in public and interacting with other people. Like anything, in order for a facemask to be effective, it's important to know how to use it!

1

ALWAYS WASH YOUR HANDS WITH SOAP AND WATER BEFORE PUTTING ON AND REMOVING A MASK.

2

MAKE SURE THE MASK IS COMPLETELY COVERING YOUR NOSE, MOUTH, AND CHIN, WITH THE COLORED SIDE FACING OUT.

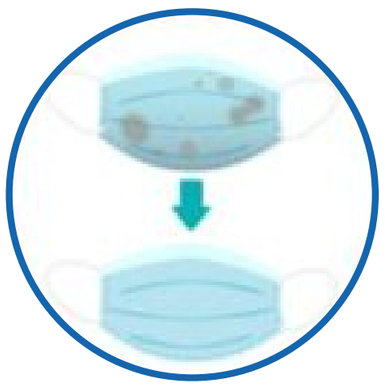
3

PINCH THE MASK AT THE BRIDGE OF YOUR NOSE TO KEEP IT SECURE.

4

TO REMOVE A USED MASK, HOLD ONLY THE EAR LOOPS AND LIFT AWAY FROM YOUR FACE.

5



CHANGE AND DISPOSE OF YOUR MASK IF IT BECOMES SOILED OR WET.

6

WASH YOUR HANDS WITH SOAP AND WATER AFTER DISPOSING THE USED MASK IN A DESIGNATED PPE TRASH CAN.

SOURCE

CDC GUIDANCE REMAINS THAT PEOPLE WHO ARE NOT SICK DO NOT NEED TO WEAR FACE MASKS, UNLESS THEY ARE CARING FOR SOMEONE WHO IS SICK.